

### **Teletherapy:**

- © Education Companies Offering Free Subscriptions due to School Closings:
- © [https://docs.google.com/spreadsheets/u/1/d/1NUKLZN7hGSu1Hzm70kfzBKs-lsSELaEMggS60Bi2O2l/htmlview?usp=sharing&sle=true&pru=AAABcPUykJE\\*vF5XRXLazsO6Rw01ZF\\_fAg](https://docs.google.com/spreadsheets/u/1/d/1NUKLZN7hGSu1Hzm70kfzBKs-lsSELaEMggS60Bi2O2l/htmlview?usp=sharing&sle=true&pru=AAABcPUykJE*vF5XRXLazsO6Rw01ZF_fAg)
- © Remote Learning Resources and Subscriptions: <https://wakelet.com/wake/c3d246a2-9b7f-4350-922c-8afe2993b013>
- © Smart Notebook: offering their software for FREE for schools impacted by Covid-19 closures: <https://go.smarttech.com/en/slsanywhere>

### **Ideas for Activities and Interventions:**

- © A Kid's Heart: <http://www.akidsheart.com/gamesd/gamesd.html>
- © Be Active Kids: <http://www.beactivekids.org/resources/handouts>
- © Education.com: <https://www.education.com/>
- © Go Noodle: <https://www.gonoodle.com/>
- © Handwriting Heroes: [https://www.youtube.com/watch?v=AEh4F2\\_TjWE](https://www.youtube.com/watch?v=AEh4F2_TjWE)
- © Kids Activity Blog: <https://kidsactivitiesblog.com/>
- © Live and Learn Farm: <http://liveandlearnfarm.com/free/>
- © Miss Jaime, OT: Helping Parents to Help Their Kids: <http://www.missjaimeot.com/>
- © OT Mom learning activities: <https://www.ot-mom-learning-activities.com/fine-motor-activities.html>
- © OT Schoolhouse includes blog posts, podcasts and webinars: <https://www.otschoolhouse.com/>
- © PE Resources from home (no school) 2020: [https://drive.google.com/drive/folders/1eF5sr5X3q6yDNw\\_9YuSmkFTeSAXtw9GU?fbclid=IwAR3MtILjPLDJNmJKcA8Qxa7JWqLK1g2Y9P6hCRHDvt3bijdjiitgol4q2A4](https://drive.google.com/drive/folders/1eF5sr5X3q6yDNw_9YuSmkFTeSAXtw9GU?fbclid=IwAR3MtILjPLDJNmJKcA8Qxa7JWqLK1g2Y9P6hCRHDvt3bijdjiitgol4q2A4)
- © The OT Toolbox: <https://www.theottoolbox.com/31-days-of-learning-with-free-materials/> and [https://www.theottoolbox.com/occupational-therapy-home-programs/?ck\\_subscriber\\_id=710283856](https://www.theottoolbox.com/occupational-therapy-home-programs/?ck_subscriber_id=710283856)
- © Therapy Street for Kids: <http://therapystreetforkids.com/>
- © Your Therapy Source: <https://www.yourtherapysource.com/blog1/2019/04/01/occupational-therapy-activity-packet-2/>

### **Handwriting Interventions:**

- © A website to make custom-made, handwriting worksheets: <http://www.handwritingworksheets.com>
- © Co-Sketch is a multi-user, online whiteboard designed to give you the ability to modify and share pictures and graphics to address students' needs - <http://www.cosketch.com>
- © Donna Young- downloadable handwriting paper: <https://donnayoung.org/penmanship/paper.htm>
- © Ideas for writing interventions with younger and older students - <http://writingfix.com/index.htm>
- © Intervention ideas for students in preschool to Grade 5 - <http://www.kidzone.ws/>
- © Starfall: <https://www.starfall.com/h/>
- © Worksheets and activities for primary students: <http://www.abcteach.com>

**Keyboarding:**

- © Dance Mat Typing: <https://www.dancemattypingguide.com/>
- © Free Typing Game (free typing games, lessons, and test (wpm) for various ages; eye exercises): <http://www.freetypinggame.net>
- © Kidztype: <https://www.kidztype.com/tags/bbc-typing/>
- © Powertyping: <http://www.powertyping.com/>
- © Touch Typing: <http://www.sense-lang.org/typing/>

**Visual, Visual Motor & Visual Perceptual Activities:**

- © Ed helper (worksheets and activities to improve visual motor/visual perceptual skills): [http://www.edhelper.com/visual\\_skills.htm](http://www.edhelper.com/visual_skills.htm)
- © Eye Can Learn (eye exercises for visual health and school success): <http://www.eyecanlearn.com/>
- © Go To Free Games (games including concentration, mah jong, sequencing, solitaire, etc.): <http://gotofreegames.com>
- © *Highlights* (children's magazine is famous for their hidden pictures; figure ground): <http://www.highlightskids.com/GamesandGiggles/HiddenPics/HliddenPixFlashObjects/h8hpiArchive.asp>
- © Jigzone (jigsaw puzzles are wonderful for developing visualization and form constancy skills): <http://www.jigzone.com/>
- © Lanternfish (worksheets for a variety of visual perception areas, including crosswords and word searches): <http://bogglesworldesl.com/>
- © Matching: <http://www.kidsfront.com/match-pictures.html>
- © Northwest Vision and Learning Center (worksheet database for visual perceptual areas and "tangram" puzzles to improve visualization and form constancy skills): <http://www.visionnorthwest.org/tangram-puzzles/>
- © Scholastic (I Spy games and activities; figure ground): <http://www.scholastic.com/ispy/games/index.htm#>
- © Stereograms: <http://www.eyetricks.com/3dstereo.htm>  
[http://www.colorstereo.com/1\\_homepage/directry.htm](http://www.colorstereo.com/1_homepage/directry.htm)
- © Tangrams: [http://www.visionandlearningcenter.com/tangram/tangram\\_mc\\_content.php](http://www.visionandlearningcenter.com/tangram/tangram_mc_content.php)
- © Vision and Learning (guide for parents and educators; form constancy and visualization): <http://www.visionandlearning.org/visualperception08.html>

**Gross Motor:**

- © Go Noodle: <https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw>
- © Beachbody: <https://vimeo.com/showcase/6880106>
- © Let's Get Moving: <https://sites.google.com/egcsd.org/egcsdphysicaltherapy/home?authuser=0>
- © Yoga: <https://www.cosmickids.com/>

**More movement videos by age group:**

- © Preschool: basic moves, may apply to boys: [Get Fired Up: firetruck theme](#)
- © Preschool: basic movements and freeze game [Frozen 2, Make Your Move](#)
- © Young Elementary: involves bilateral coordination, added coordination steps: [Pop Se Ko](#)
- © Young Elementary: making patterns [Banana Banana Meatball](#)
- © Elementary: motor planning, sequencing [Milkshake](#)
- © Mid-Elementary and up: Mindfulness/stretching/yoga/self-regulation [Rainbow breathing](#)
- © Elementary to Teen: self-regulation [Melting](#)

**Apps:**

- © Movement: <https://www.gonoodle.com/>
- © Yoga: <https://www.downdogapp.com>

**Educational Games and Activities:**

- © Includes concentration, mahjong, sequencing, solitaire, etc.:  
[http://gotofreegames.com/matchgame/free\\_concentration\\_game.htm](http://gotofreegames.com/matchgame/free_concentration_game.htm)
- © Amazing Education Resources: <http://www.amazingeducationalresources.com>
- © Activity Village: <http://www.activityvillage.co.uk/>
- © ABCya (your own account, not the student's) : <https://www.abcya.com/>

**Educational Free Websites** (learnincolor.com & SDUSD):

**Math:**

- 🌀 Funbrain
- 🌀 Prodigy
- 🌀 Math Playground
- 🌀 Splash Learn
- 🌀 Math Game Time
- 🌀 Khan Academy

**Science:**

- 🌀 Discovery Mindblown
- 🌀 NASA Kids Club
- 🌀 Amazing Space
- 🌀 Code Academy
- 🌀 How Stuff Works
- 🌀 Mystery Science

**Social Studies:**

- 🌀 Crash Course (You Tube)
- 🌀 Who Was? App/site
- 🌀 Kids National Geographic
- 🌀 Nat Geo Kids
- 🌀 Google Earth
- 🌀 Time for Kids
- 🌀 Smithsonian for Kids

**Other:**

- 🌀 ABCmouse
- 🌀 Brain Pop
- 🌀 Duolingo
- 🌀 Hello Kids
- 🌀 PBS Kids
- 🌀 Switchzoo
- 🌀 Ted Talks
- 🌀 Wonderopolis